

Lesson plan for Monday — Camp Out

(Here's how the Daily Format looks in the lesson plan for Monday. Follow the same format for the rest of the week using additional material as scheduled on page 9.)

Story Circle. Finish the day

Story Circle (30 minutes whole group)

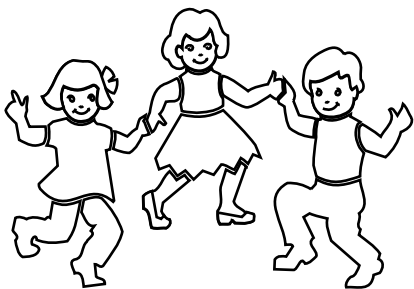
Story Circle (30 minutes)

1. Mystery Mailbox.

Choose a child to go to the MAILBOX. Inside the child finds a post card from Mother Nature. *Dear Boys and Girls, I hope you are having fun on your pretend camping trip and that you have learned a lot about shapes and numbers. Nature is full of shapes and numbers. Can you help me put these animal tracks in the right order? Love, Mother Nature.*

Children stand and display picture number cards from Activity Sheet on pages 16 and 17, while one child arranges them in the right order.

2. Read Aloud Story. Any theme-related story about camping or nature, such as *The Salamandar Room*, by Anne Mazer, or *Nocturne* by Jane Yolen. Count any repeating elements in the illustrations, such as the salamanders, and identify shapes.



3. Mother Goose Health and Manners.

Say: *Regular exercise is very important for building strong bodies and staying healthy.* Ask: *What are some of the things you might do on a camping trip that would help build strong muscles and exercise your heart?* Canoeing, hiking, putting up a tent, gathering firewood. Ask: *What are some activities you do at home to build strong muscles and bones?* Bike riding, walking, playing at the playground.

Here's a fun clapping game about taking a walk: Show children how to clap alone or with a partner each time you recite "long" or "song."

As I was going along, long, long
A-singing a comical song, song, song,
The lane that I went was so long, long, long
And the song that I sang was as long, long,
long,
And so I went singing along.

4. Gazing Glasses.

Choose children to take turns wearing the gazing glasses and telling the shapes that they've learned today or that they see around the room.

Materials: Prepared post card from page 18, read aloud book, gazing glasses from page 18.